



Tenth Congressional District Democrats (Tenth Dems) Summer Internship 2024

If you have progressive values and are looking for a summer internship that will make a difference, have we got a deal for you! Illinois Tenth Congressional District Democrats (Tenth Dems) is now accepting applications for its Summer 2024 Internship Program. The internship is a substantive program designed for high school, college, and graduate/law students seeking an opportunity to become deeply engaged in the political process.



Tenth Dems interns help Lake Dems at Illinois Democratic County Chairs Association Brunch and Governor's Day picnic at the Illinois State Fair in August 2023.



Tenth Dems interns meet U.S. House Speaker Emerita Nancy Pelosi at a fundraiser in June 2023.

Tenth Dems is a grassroots political organization that helps mobilize voters and activists throughout the 10th Congressional District. This is a good time to complete a political internship as we are in the critically important 2024 election cycle.

Tenth Dems interns have staffed issue forums and events for elected officials and candidates up and down the ballot, worked on campaigns, and conducted research. Our interns are very active during the election cycles at the local, state and federal levels. We help turn out the vote for Democrats running for office at all levels of government. Interns may choose to complete general internships or specialize in areas such as media, field, technology, volunteer management, and political outreach. Internships are unpaid, educational positions; however, academic credit is often available.

“This is an opportunity to learn about a grassroots political organization and to develop important skills,” said former State Representative Lauren Beth Gash, the Tenth Dems founder. “Many interns have gone on to law school or other graduate programs, as well as paid political positions with local campaigns, and jobs in Springfield, Washington, and with national not-for-profit organizations. Many have become elected officials themselves.”

Residency in the 10th Congressional District is not required but applicants must have an interest in electing Democrats and devote a minimum of 16 hours per week to the internship during the summer. Applicants should submit a brief paragraph explaining why they would like to be part of the program, along with a resume summarizing their educational background and activities. Acceptance into the program is selective and contingent upon an interview. To apply or request more information, email info@tenthdems.org.

Paid for by Tenth Congressional District Democrats (Tenth Dems – tenthdems.org) and not authorized by any candidate or candidate's committee.

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